



ᑖᓄᑦᑎᓚᑦ ᐅᑦᓗᑖ
**MOTIVATIONAL
 CALENDAR**
 CALENDRIER DE MOTIVATION



ᑖᓄᑦᑎᓚᑦᑎᓚᑦᑎᓚᑦ ᐅᑦᓗᑖ ᐃᑖᐱᓗᑦᑎᓚᑎᓄᑦ.
**DRAW A SMILEY FACE FOR EVERY DAY
 YOU ARE SOBER FROM ALCOHOL.**
 DESSINE UN VISAGE SOURIANT POUR CHAQUE
 JOUR QUE TU ES SOBRE DE L'ALCOOL.

ᐱᓐᓗᓚ February

ᐱᑦᑕᓗᑦᑎᓄᑦ SUNDAY DIMANCHE	ᐱᑦᑕᓚᑦᑕ MONDAY LUNDI	ᐅᑦᑕᑦᑎᓄᑦ TUESDAY MARDI	ᐱᑦᑎᓚᐱᓄᑦ WEDNESDAY MERCREDI	ᑭᑕᑎᓄᑦ THURSDAY JEUDI	ᓄᑦᑭᑦᑭᓄᑦ FRIDAY VENDREDI	ᐱᑦᑕᑦᑎᓄᓄᓄᓄᑦ SATURDAY SAMEDI
						1 I CAN DO IT!
2	3	4 KEEP GOING!	5	6	7 KEEP CALM AND STAY SOBER!	8
9	10 I AM DOING GREAT!	11	12	13 HALFWAY THROUGH!	14	15
16 I AM NOT ALONE IN THIS!	17	18	19	20 I'VE GOT THIS!	21	22
23	24	25 ALMOST THERE!	26	27	28 CONGRATULATIONS!	



ᐱᓚᓚᑦᓄᓄᑦ! ᐃᑦᑖᓄᑦ ᐅᐱᑦᓄᓄᑦ.
I DID IT! I AM PROUD OF MYSELF.
 J'AI RÉUSSI! JE SUIS FIER.ÈRE DE MOI.

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YOUR NAME
 TON NOM