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HEALING THROUGH CULTURE



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RECOVERY
CENTRE

isuarsivik






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A Word from the President and Vice-President

 Today we write the final words of what concludes the 28th chapter of the Isuarsivik's history book. Another chapter filled with adventures, surprises, joys, and sometimes even some goosebumps and tears shared within the Isuarsivik family.

This happy combination of feelings is inevitable when one learns about all the projects underway at Isuarsivik this year: the growing building of the next \$43 million facilities under construction, the confirmation of two new fourplexes for the staff, the planning of a giant Qullik in the lobby of the new Centre, the 5th anniversary of the Pingngupaa Challenge, the significant progress of the continued care services at the local level as well as the design and creation of the new family program.

Reading about all we accomplished again in a context of rapid growth, pandemic, and increased healing needs makes this 28th chapter one of the greatest since our beginnings. This chapter will also mark the last one before Isuarsivik starts on a new, revamped, and improved structure. Indeed, the delivery of new healing programs in a newly built facility sets the table for more than a new chapter. It almost feels like a new book entirely...



HIGHLIGHT

5th
Anniversary
of the Pingngupaa
Challenge

Arctic Inspiration winning project

HIGHLIGHT

\$1M
category

The conclusion of the year 2021–2022 reached an overjoyed and inspiring ending with the grand announcement from Arctic Inspiration. This prize made our project *Ilagitigut anngiangijjaqatigiinnirq ilurqusivuttigut* the 2021 winner in the \$1 million category. The whole Isuarsivik family is thrilled to see the project taking shape and being offered to families in the new building.

And as in any good book, let's acknowledge all who paved the way for a great year: the Isuarsivik family!

The Board is incredibly proud and grateful for its teams' devotion, determination, and willingness to accompany Nunavimmiut in their healing process.

A special thanks also to our former Executive Director, Alicia Aragutak, who won her election as Corporate Secretary at Makivik Corporation. We are lucky to have counted on her support for several years as a volunteer on the Board and as the Executive Director to steer the organization towards its milestone phase of developing a new recovery Centre for all Nunavimmiut. Finally, a big

shoutout to our regional leaders and partners, especially NRBHSS and Makivik, for their precious support over the years in prioritizing healing services within the region.

With care and love,



Dave Forrest
President



Mary Aitchison
Vice-President



A Word from the Interim Executive Director



As another year flies by, it is interesting to step back and reflect on the progress and continued opportunities for the people we serve at Isuarsivik.

It is easy to get caught up in the chaos of the prolonged pandemic. However, setting that aside, watching staff step up, feeling overwhelming support from the community and our partners, and seeing those we serve constantly seizing opportunities to live happy, fulfilled lives helped keep the “distractions” at bay.

Over the years, Isuarsivik has become a true regional healing institution with several empowering projects and growing collaboration with partners in the health sector. The year 2021–2022’s most powerful stories for us were the onboarding of new staff, the resumption of cycles, the expansion of pre-care and aftercare services, the mobilization of the transition plan, and the construction of the new Centre.

I am very proud of all the members of our team who are taking the space they deserve, putting their ideas on the table, and voicing their concerns in a time of organizational growth. Collaboration, humility, and respect are key factors of our successful team. I thank everyone for their valued contribution to offering a safe place for healing in Nunavik. For these reasons and more, we were awarded the Prize of Excellence—Minister’s Choice Distinction from Quebec’s Ministry of Health and Social Services last December. Congratulations to all!

HIGHLIGHT

2021
2022

construction
of the new Centre

Finally, thank you to our Board of Directors for their continued support and guidance during a time of great organizational change. Isuarsivik is genuinely privileged to count on dedicated and caring individuals such as Dave, Mary, Shirley, Sean, Iola, Aliva, Steven, Charlotte, and Pamela, who make themselves available and do not hesitate to step in when it's most needed.

It has been a year of challenges, accomplishments, and growth for the Isuarsivik family, and the best has yet to come, especially with the new Centre and improved services.

Together for a brighter future!

Qemal Cheema

Qemal Cheema

Interim Executive Director



A Year In Review

- Planning the construction season.
- Securing additional funds to absorb cost increase linked to sanitary measures and postponement of work due to COVID-19.

- 9 men complete the healing program.

- The Centre closes for vacation.

APRIL

MAY

JUNE

JULY

AUGUST

SEPTEMBER

2021

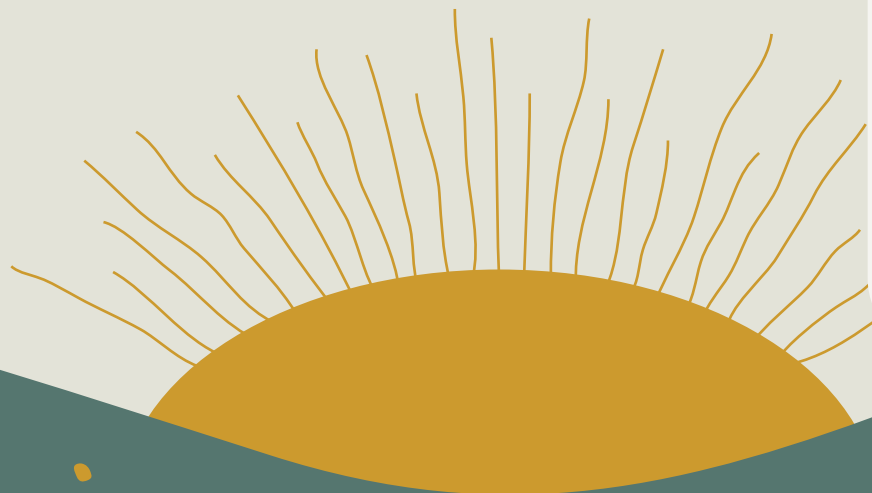
- Start of the construction of the new healing facility.

- 7 women complete the healing program.

- Plant Sale for the Addiction Awareness Month.

- Board of Directors and Managers Retreat on Transition (Montreal).

- Virtual Forum with Recovery Alaska and other Nunavik organizations.



2022

- 7 men complete the program.
- Annual General Meeting (Kuujuaq).
- Canada Council for Arts confirms contribution to the Qullialuk Project.

- Winning of the Prix d'Excellence Ceremony.
- 5 women complete the program.

- Pingngupaa Challenge.
- Executive Director, Alicia Aragutak, is elected at Makivik.
- Construction of 2 fourplexes for staff is confirmed.

OCTOBER

NOVEMBER

DECEMBER

JANUARY

FEBRUARY

MARCH

- Dialogue for Life (Montreal).

- Start of the program revision and development process.

- Winning of Arctic Inspiration Prize Award (\$1 million).
- NRBHSS Addictions Training.
- Wilderness Advanced First Aid training.
- Trauma-Informed Training.
- Ilaugitsi's Photo and Filming Session.

Our Centre



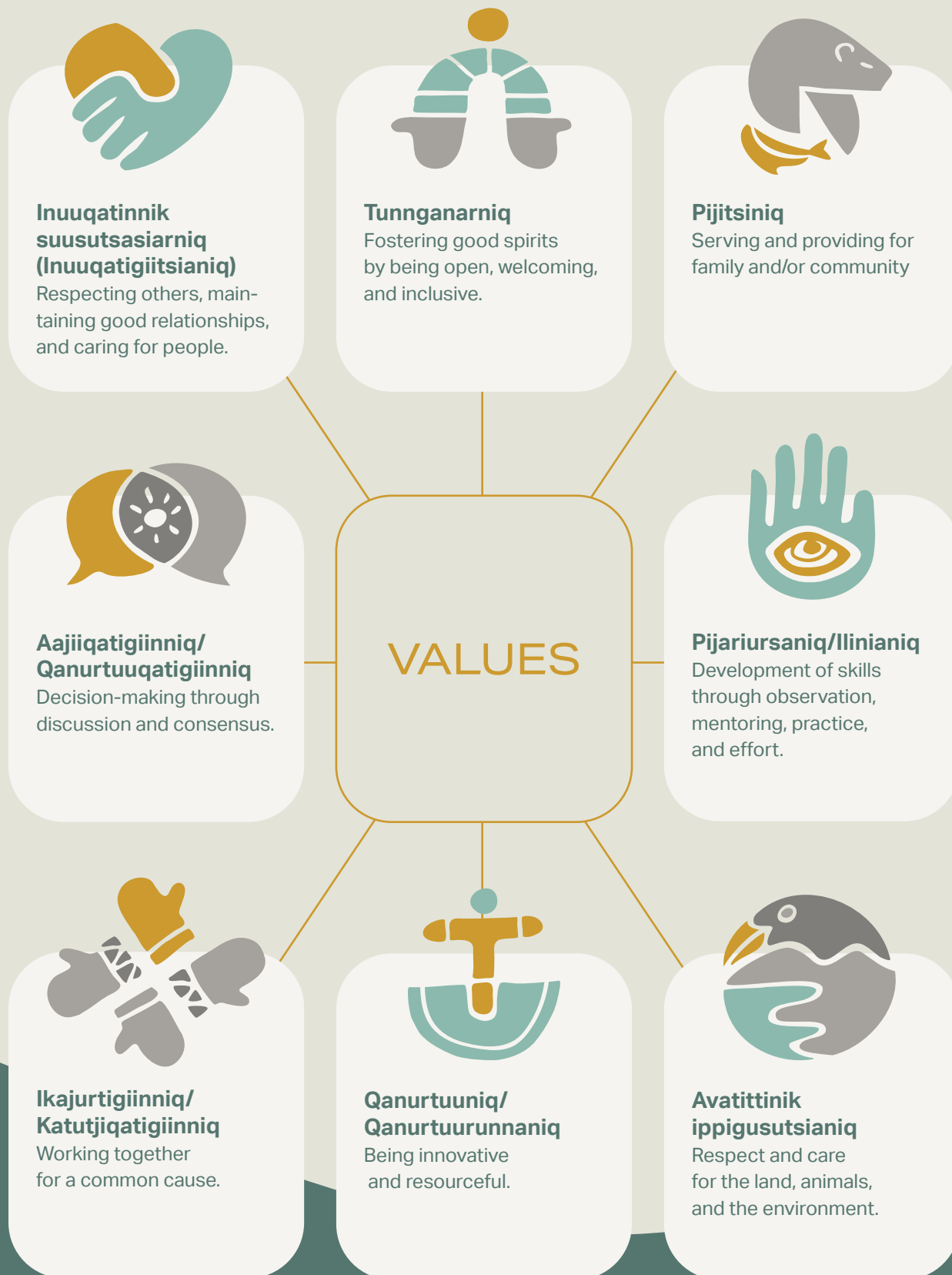
Isuarsivik offers a 42-day gender-specific, inpatient program that addresses the needs of guests recovering from addictions and trauma. An integrated approach to care is used, which blends clinical intervention with cultural and traditional components of healing.

VISION

Loving, resilient, and confident Inuit living in safe and healthy communities.

MISSION

Delivering holistic and culturally sensitive healing programs for Nunavimmiut to enhance their inner strength and well-being.



Our Isuarsivik Family

SPECIAL COLLABORATORS

Geneviève Dorval
Project Manager

Philippe-Alexandre Bourgouin
Development Plan
Coordinator

Marie-Hélène Caron
Coordinator—
Communication and
Regional Awareness

Maxime Héroux
Construction Project
Manager

HUMAN RESOURCES

Abiola Boldon
Human Resources
Manager

CONTINUED CARE SERVICES

Sara Jackson
Continued Care Manager

Paul Robertson
Community Care
Coordinator

Annapik Eetook
Community Addictions
Counsellor

Dolly Mesher
Community Addictions
Counsellor

Joshua Escobar
Liaison Worker

INUIT VALUES AND PRACTICES

Vacant
IVP Manager

Sarah May
Coordinator of Inuit Values
and Practices

George Kauki
Land Specialist

EXECUTIVE

Vacant
Executive Director

Qemal Cheema
Deputy Executive Director

ADMINISTRATION

Vacant
Administration Manager

Emmanuel Delwaide-Bégin
Coordinator—
Administration Services

Vacant
Office Assistant

Lucy Johannes
Cook

Vacant
Assistant Cook

FINANCES

Souleye Ndiaye

Finance Manager

Annie Annanack

Accounting Clerk

RECOVERY

Krista Holts

Recovery Program
Manager

Obi Njockobi

Lead Trauma Addictions
Counsellor

Catherine Leblanc

Oweetaluktuk
Trauma Addictions
Counsellor Trainee

Vacant

Trauma Addictions
Counsellor

Vacant

Trauma Addictions
Counsellor

Attendants

Alek Airo
Aani Forrest-Hubloo
Danny Angnatuk
Jana Petagumskum
Jeannie Tukkiapik
Johnny Angnatuk
Kyle Deschamps
Lei Zhou
Michael Petagumskum
Pierre Martin
Yaa Fosuah-Mensah

THE BOARD OF DIRECTORS

David Forrest

President

Mary Aitchison

Vice-President

Sean McDonald

Treasurer

Aliva Tookalook

Director Representing
the population at large
(Hudson)

Iola Metuq

Director Representing
the population at large
(Elders)

Dr. Charlotte Perret

Director Representing
the Ungava Tulattavik
Health Centre

Pamela Stevenson

Director Representing
the population at large
(Youth)

Shirley White-Dupuis

Director Representing
the Northern Village of
Kuujjuaq

Steven Kelly

Director Representing
the Inuulitsivik Health
Centre

13 NEW
HIRES

3 EMPLOYEES
ON MATERNITY
LEAVE FROM
JANUARY
TO DECEMBER
2021

3 EMPLOYEES
PROMOTED

THEY LEFT US

Rebecca Kasudluak
Nicky Adams
Ealasie Simigak
Victoria Durocher
Pierre-Richard Ligondé

Our Healing through Culture Approach

Culture and language have a protective and restorative effect on personal and collective well-being, especially amongst youth. Isuarsivik Regional Recovery Centre's approach is based on a holistic understanding of substance abuse as inseparable from trauma, colonization, and the dispossession of Inuit identity, culture, and land. Our approach fosters collective healing through culture and allows our guests to regain control over their lives, through empowerment and the reclaiming of Inuit identity.

The guests spend a few times a week on the land to benefit from its healing influence and reconnect with themselves. The stay at Isuarsivik includes cultural activities such as fishing, hunting, sewing, beading, carpentry, etc. In the future, elders from the community will be invited to share their wisdom and knowledge on history, traditional practices, and know-how. This will allow the guests to gain spiritual and cultural awareness and benefit from a lasting sense of pride in their identity.

We intend to increasingly make Inuit culture the backbone of the healing experience. The creation of the Inuit Values and Practices (IVP) Department in 2020 is an important step in this direction. Its expansion happened in 2021 with the nomination of Sarah May in the position of Coordinator—IVP-Culture. Since then, priorities and projects have emerged to set the table for an inclusive and integrated IVP approach in the overall corporate structure.



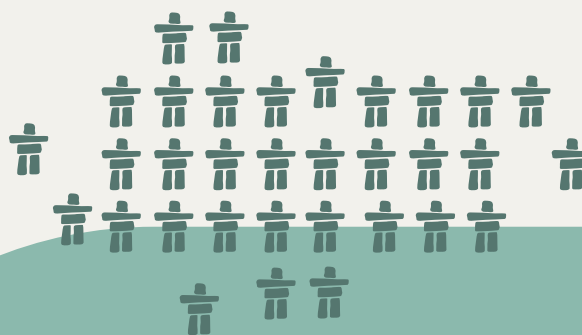
"Going to Isuarsivik helped me a lot. Only me and only me. That's what I learned at the Centre. It's all about you making choices. If one wants to change, you can change."

**2014 Isuarsivik Guest,
Noah Oweetaluktuk**



Our Healing Services Highlights

Our 6-week Recovery Program



4 SIX-WEEK CYCLES

33 guests

- 18 women and 15 men
- 36% Hudson, 64% Ungava
- 21% self-referral, 79% referral from other outside sources
- 85% completed the program

The first 2022 cycle was cancelled due to the rapid spread of the Omicron variant and the increased barriers for guests. Isuarsivik was not able to offer safe services for both employees and guests. All 9 men had a priority for the next cycle later in July 2022.

The year 2021–2022 was marked by the strengthen and continued collaboration and integration between the Recovery, Continued Care Services, and Inuit Values and Practices departments. This internal cooperation between departments ensures that Isuarsivik is best aligned to provide continuous support to guests across the continuum of services.

Isuarsivik also initiated a few projects to promote education around services and concepts of substance use and harm reduction. The outcome of one of these projects will be released in late 2022 of a video series of Sulijumik episodes on social media.

As much as the organization is known regionally, its contribution is growing too, with continued involvement in the Regional Steering Committee on Violence and Sexual Abuse, the Nitsiq Steering Committee, the Saqijuq Coordination Table, and various initiatives from the NRBHSS. We wish to help open the dialogue on substance abuse issues in the region, reduce stigma, and increase access to information.

In one of the Women's Cycle in 2021, guests were surveyed and asked to rate how hopeful they felt about the future as they left the program. On a scale of 1–10, the average response was 8.4, while the median response was 10. This is a positive measure for us to see, as it speaks both to skills learned in the program and to the sense of support the guests may now be increasingly feeling due to collaboration efforts with the Continued Care Department. Thanks to this new program, guests returning to their community are still supported remotely with new aftercare services.

New Program Development Underway

The Recovery, Inuit Values, and Practices leaders and Continued Care Services departments came together in early 2022 under the Program Development Working Committee to review how the services and the recovery program are offered at Isuarsivik. Surveys with the general population and referral workers and in-depth interviews with key informers were conducted to ensure Isuarsivik best answers the needs identified by the region.



A new model focusing on the collective healing experience will allow our future guests to be admitted on a continuous basis, with their own uniquely defined admission group. This will reduce the barriers to service access for many. It has also been strongly suggested to offer specialized services for youth attending the program. Isuarsivik is continuing to work on developing youth initiatives as a working committee.

The orientation of this new approach and service delivery model will be submitted to the Board of Directors in May 2022 for validation. As the program moves forward, we will further develop its content and material.

In May 2021

It was the first time in many years that a full cohort of 9 men graduated — a 100% completion rate!

In June 2021

Isuarsivik welcomed its first guest from the Nitsiq program! Thanks to this program, which aims to prevent and reduce substance abuse-related crime, we now host a Nitsiq guest each cycle to support Nunavimmiut who have committed an offence under the influence, but wish to work on their healing and recovery.



"My experience at Isuarsivik has solidified my identity and made me realize what powers I hold that I never knew. The staff are involved at every step and go above and beyond to make everyone comfortable. Thank you Isuarsivik!"

2022 Isuarsivik Guest

Our Continued Care Services

nging **Ab** **Overwhelming**
se **Trauma** **Family Dynamics**
 Treatment
 Help
 Addictions **Reach out** **Coping Support**
 Sobriety



65 to 70 pre-care and aftercare guests
at varying degrees of involvement.

In-person, video, phone, Messenger, and email
support to Nunavimmiut across the region.

Isuarsivik has deployed considerable efforts to develop services to support people in their community. The Continued Care Department took a major step forward with 3 new Community Addictions Counsellors in Puvirnituq, Kangirsuk, and Kuujjuaq. The Community Addictions Counsellors are people of the community who are good listeners, trustworthy, natural healers, and care about substance abuse's impact on people in their community. They offer several activities such as a support group in collaboration with other local services.

The creation of a community-based counsellor network follows the Saqijuq project's deployment across Nunavik and addresses a priority identified by the Nunavik Addictions Advisory Committee.

The Continued Care Services team also offers pre-care and support to individuals in other communities by phone by hiring a Community Services Coordinator and a Liaison Worker. A new initiative with Quebec correctional services has also enabled our counsellors to conduct video conferences with prospective guests that are in detention.

The Continued Care Services team also plays a significant role in promoting Isuarsivik services locally and regionally, such as our workshop on self-care to the community of Kuujjuaq, an initiative taking place during the mental health week.



Dolly Mesher
Puvirnituk



Annapik Eetook
Kangirsuk



Joshua Escobar
Kuujuaq



Paul Robertson
Remote Communities



Sara Jackson
Manager



EMPOWERING COLLABORATION BETWEEN ISUARSIVIK AND PUVIRNITUQ SUMMER CAMP

As part of Puvirnituk's yearly summer camp, our Community Addictions Counsellor, Dolly Mesher, took part in a 3-week outing on the land along with Isuarsivik's pre-care and aftercare guests, and community members. The camp took place during COVID-19 days so there were limited spots due to sanitary measures. Nevertheless, Dolly led the event with the Ilagiitsutaa Family House FASD prevention workers on FASD and sexual health. In the evenings, participants enjoyed cultural activities such as beading and learning how to handle harvested food. Isuarsivik is extremely happy to have this opportunity to bring its guests along to support them in their personal recovery journey back in their home community. This positive collaboration is a perfect example of the great impact and synergy between Isuarsivik's Continued Care services and local community-led initiatives.



Knowledge Sharing Session

Funded by the United States Consulate in Quebec City, Isuarsivik hosted a virtual forum in October 2021 in partnership with Recover Alaska, based in Anchorage. The purpose of this forum was to share knowledge and information regarding the topic of healing and the intergenerational impacts of trauma, culture, and recovery. Other organizations in Kuujuaq and Alaska were also present and the event presented a total of 18 professionals.



Watch the highlights of the Forum here:

https://www.youtube.com/watch?v=KW_BeOSi4GI&t=7s

Dialogue for Life

In November 2021, Isuarsivik's HR and Continued Care Managers attended the Dialogue for Life event in Montreal to share information and recruitment opportunities. Three employees also took part in the conference to learn and invest in their personal growth.





Our Administration and Support Services Highlights

This year more than ever, Isuarsivik is strengthening its structural foundation to better support the organization's growth, especially with the transition to the new Centre. All departments work closely together to set expectations, foresee the needs, and respect the requirements before moving. Major projects have been ongoing since 2021 and will continue until 2023:

- Review and update of the Human Resources Policy Manual to keep up with the growing team.
- Improvement of employee working conditions (renewal of group insurance plan, research for pension plans, creation of new premium to value culture and language, etc.).
- Elaboration and update of protocols, forms, and templates for optimal administrative procedures.
- Creation of different administrative tools to increase visibility, security, and flow of daily operations (key log, inventory, menu-costing tools, budget planner, service provider/supplier contact lists, accommodation calendar, maintenance log, etc.).
- Digitization of all administration files to reduce the use of paper and increase archiving efficiency (financial files, Board documentation, travel requests, purchase orders, etc.).
- Provide training for kitchen staff to give them the skills they will need to work in the new modern commercial kitchen at the new Centre.
- Exhaustive translation process of official governance documents.
- Assessing and upgrading the server equipment (new server, upgrade of the existing WiFi network, etc.). Implementation of the EMHWare Project, a safe client information platform for addictions, mental health, and social service agencies.
- Awaiting response from the *Réseau intégré de télécommunication multimédia (RITM)* for the new Centre so we can become eligible for greater efficiency of data exchanges and confidentiality of information as well as higher internet availability rate.



New Ilarkusik Premium

In early 2022, Isuarsivik created the Ilarkusik Premium (IP) to better attract people with Inuit language and culture expertise and thus help us meet our mission and deliver culturally relevant programming.

Recruitment Campaign in The Making

In late 2021 and early 2022, the Isuarsivik Regional Recovery Centre was getting ready to launch a major recruitment campaign named 'Ilaugitsi!. The campaign is scheduled for July 2022 and will take place in all 14 communities of Nunavik to help us fill over 20 new positions required for the newly constructed building. Emphasis will be placed on hiring Inuit from Nunavik. Considering the labour shortage and serious recruitment challenges in the region, Isuarsivik will innovate with a 360-campaign that includes five radio clips, five video clips, a regional poster, floor billboard display, promotional truck advertising, and a social media strategy. The campaign will feature Isuarsivik staff who got very engaged in the creation of the key messages and the visual content of the campaign.



A Place to Invest In Your Personal Growth



All year round, Isuarsivik employees and Board members have several opportunities to learn and grow by participating in a variety of workshops and training.

Team-Building Workshops by Lissa Okoh

Isuarsivik Employee Assistant Program (EAP) Specialist, Lissa Okoh, traveled to Kuujuaq a few times in the year to host team building activities with the Continued Care and the Recovery teams individually. Sometimes over 2 or 3 days, Lissa's workshops helped strengthen teams and supported employees to improve teamwork.

Board Of Directors/Managers Retreat

In September 2021, the Isuarsivik Board of Directors and managers met in person to focus on the transition planning for the new Centre. The retreat was an opportunity to also attend various workshops on traditional healing, governance best practices, and policy review.

WAFA Training

From February 21 to 25, 2022, five Isuarsivik employees participated in the Wilderness Advanced First Aid (WAFA) training, an advanced medical treatment exercise for wilderness settings offered by Boreal River Rescue. This training was made available by Kativik Ilisarniliriniq Adult Education and Vocational Training Services.

NRBHSS Training On Addictions

In the first week of March 2022, all Isuarsivik employees from both Recovery and Continued Care took part in the NRBHSS Training on addictions. The 2-day training, facilitated by Elizabeth Murray and Lilian Vargas, was focused on frontline workers and addiction in a cultural context.

Nunavik Suicide Intervention Training

In the first week of March 2022, the Recovery and Continued Care teams took part in a 3-day workshop facilitated by the NRBHSS. As requested by Isuarsivik, the workshop aimed to share intervention methods for people in crisis or with suicidal thoughts.

Trauma-Informed Care Training

From March 22 to 24, 2022, most Isuarsivik staff and a few board members attended a custom 3-day Trauma-informed Care Training (TIC). The TIC is widely adopted in behavioural health. Its goal is to offer tools to anyone who interacts with other people so they can employ an understanding of developmental and childhood trauma in their work. The training also helped to create a language around how the Isuarsivik team would work together and how employees can support each other in the transition phase to the new Centre.

Creativity & Art Session at the Centre

In spring 2022, Krista Holts and Sarah May launched the Creativity & Art Session for the staff and their loved ones to increase relationships and break isolation. This weekly gathering takes place on Saturday afternoons and invites the team to take part in artistic activities such as sewing, drawing, or painting.

Team Outings

Throughout the year, most of the staff and a few board members enjoyed outing activities at the qarmak and Isuarsivik cabin. Together, they had a great time outside of the office to bond and build stronger working relationships.



Building Capacity for Certified Inuit Staff

The Ministère de la Santé et des Services Sociaux du Québec's regulation for community organizations offering inpatient addictions services requires that a large proportion of our staff working with guests be graduates of a college or university program in psychosocial intervention.

The fact that no Diploma of College Studies (Diplôme d'études collégiales/DEC) or bachelor's degree programs are offered in Nunavik in the field of psychosocial intervention makes it difficult for Isuarsivik to meet this requirement while fostering the hiring of Inuit employees.

Isuarsivik collaborated with the Nunavik Regional Board of Health and Social Services (NRBHSS) to have such a program offered in the territory, which was also identified as a priority by the Nunavik Addictions Advisory Committee. Subsequently, the NRBHSS has implemented a DEC-BAC program in social work opened to all Inuit employees of the health network and community organizations. Preparatory courses and college program courses in social work began to be offered in the fall of 2021, notably to some Isuarsivik employees, by CEGEP Marie-Victorin. The Bachelor of Social Work program is expected to begin in the coming year.

This new academic program puts Isuarsivik in a better position to meet the MSSS certification requirements. It also supports our Inuit employees to develop their knowledge and skills to serve our guests better. A related objective of the program is to allow Inuit employees of the health network and Isuarsivik to continue their professional development by obtaining diplomas recognized by the MSSS and professional orders. This will result in better working conditions and the ability to perform reserved acts.

Enrolment in the Social Work Program

- Sarah May (2021)
- Annapi Eetook (2022)
- Catherine Leblanc Oweetaluktuk (2022)

HIGHLIGHT

Supports our Inuit employees to develop their knowledge and skills to serve our guests better

The Development Plan 2016–2036

Progress On The New Centre's Construction

The fiscal year was off to a good start after the Kuujjuaq Municipal Council authorized major construction projects on its territory for the 2021 season. In fact, Isuarsivik secured the additional \$1.6 million needed to fully absorb the anticipated financial impact of the COVID health measures and the postponement of the work the year before. This was made possible through additional contributions from Indigenous Services Canada, Canada Mortgage and Housing Corporation, the Kativik Municipal Housing Bureau, and Makivik Corporation's support.

- The construction work finally started for the new main facility in May 2021. It progressed steadily with the completion of the concrete foundation, the steel structure, the roof, and the closing of the exterior building envelope in time for Christmas.
- As the construction work was progressing, Avataq Cultural Institute conducted a preventive archeological survey in June and unearthed a small arrowhead from the Maritime Archaic (an Amerindian Archeological cultural tradition present in Kuujjuaq's region between 5000-3500 years ago) on a site located in a small rocky point below our new Centre's construction site. This initiative was made possible thanks to contributions from Avataq Cultural Institute, the Northern Village of Kuujjuaq, Nayumivik Landholding Corporation, and Isuarsivik.

Staff Housing Units

With the cancellation of the construction season in 2020 due to COVID and the uncertainties linked to the pandemic impact, the Council of Project Partners, which incorporates all major funders, decided to wait and see what the financial situation would be after a year of construction before launching the tender process for the remaining 8 housing units. As the main facility construction progressed according to schedule and that additional funding necessary to cover COVID-related cost increases was secured, the Council of Project Partners gave Isuarsivik its approbation to launch the tender process in January 2022 for the remaining 8 housing units.

- The bids were opened on February 11, 2022, and *Kautaq Construction Inc.*, a company with strong roots in Nunavik, was awarded the contract.
- The construction work will start with the arrival of the first sealift in Kuujjuaq in July 2022 and should be completed by January 2023.
- The fourplexes model used this year is larger than the one built in 2019 with larger lodging units for our staff and their loved ones. The new apartments will be conveniently located in the Nuvuuk Bay area within walking distance from the new Centre.
- The two fourplexes are added up to the first 4 units built in 2019 by *Kautaq Construction Inc.* in a new development of Kuujjuaq.

With constant progress being secured on the construction work, program development, continuum of care, training, and recruitment, Isuarsivik is in a good position to start planning

the actual relocation to the new facility. A Relocation Committee will be created in the spring of 2022 to plan the logistics of the move to the new Centre and the start of operations.

Qullialuk Project

In October 2021, Isuarsivik received the confirmation that Canada Council for the Arts was granting funds to support the creation of a giant Qulliq made of soapstone that will be installed in the lobby of the new Centre as a symbol of resilience, hospitality, and hope. Several organizations contribute to this project: Glencore/Raglan Mine, Air Inuit, Avataq Cultural Institute, EVOQ Architecture, and Canadian North Airlines.

The Qullialuk carving will be led by Mattiusi Iyaituk, the well-known artist from Ivujivik, with the support of upcoming artist Benjamin Isaac from Salluit. The art piece will be completed in time for the new Centre's opening in 2023.

4 Committees To Oversee The Construction Project

Council Of Project Partners (CPP)

Isuarsivik Leaders, Makivik Corporation, Kativik Regional Government (KRG), Nunavik Regional Board of Health and Social Services (NRBHSS), Société du Plan Nord, and Secrétariat aux Affaires Autochtones.

Under the guidance of their own organizations, members of the Council ensure that the construction project complies with the rules of good governance of public funds while respecting the agreed-upon scope, reference budget, and schedule. It meets twice a year or on a need basis. The CPP met three times this year to support Isuarsivik in the contract-awarding process for the construction of the main facility and to adjust the project schedule for delays caused by COVID-19 and the impact on the overall reference budget.



HIGHLIGHT

Creation of a
giant Qulliq made
of soapstone

Construction Project Management Committee (CPMC)

Representatives from Isuarsivik, Société du Plan Nord, and Secrétariat aux Affaires Autochtones.

The Construction Project Committee was formed in 2019 and monitors the planning and construction of the access road, staff housing units, and new main facility. It usually meets monthly. This year, the CPMC met five times and mainly focused on assessing the impact of COVID-19 on the construction project and recommending adjustments to the overall reference budget and risk envelope.

Construction Procurement Committee (CPC)

Isuarsivik President, Vice-president, Executive Director, Construction Project Manager and Development Plan Coordinator.

A new Procurement Policy specific to the construction project of the new Centre, staff houses, and all related expenses, was designed and adopted by the Board of Directors in 2019. It ensures that Isuarsivik gets the highest quality of desired goods and services at the best possible price, while complying with the requirements of its funding agreements related

to the construction project. This policy provided for the creation of a Construction Procurement Committee. They meet when there is a need to deliberate on issues pertaining to procurement during the construction process such as tendering process, approving orders, awarding contracts, and approving variations in contract conditions. All expenses over \$100,000 are authorized by the Procurement Committee following a public tender process.

Transition Committee

Executive Director, Deputy Executive Director, HR manager, Finance manager, Coordinator for Development Plan

Last year, Isuarsivik developed a Transition Plan which serves as a road map for the organization on its journey to building capacity and relocating operations to the new facility. Under the leadership of Isuarsivik's Deputy Executive Director, the Transition Committee was created in May 2021 to oversee the implementation of the Transition Plan and ensure steady progress on all actions needed to guarantee staff, services, and facility readiness. The Transition Committee has been meeting monthly with each manager individually to monitor the transition.



The Pingngupaa Challenge



For a fifth consecutive year, participants from all over Nunavik and beyond are challenging themselves to stop drinking alcohol for 28 days. By joining this initiative, they experience the benefits of having a healthy lifestyle while supporting the Isuarsivik cause. The Pingngupaa Challenge’s mission is to provide Isuarsivik with additional resources and make the Centre’s services more accessible to the 14 communities of Nunavik. The funds are also used to buy equipment and accessories to support the new Centre’s cultural mission.

| | | |
|------|---------------------------|----------|
| 2018 | Less than 20 participants | \$5,000 |
| 2019 | 39 participants | \$15,000 |
| 2020 | 168 participants | \$44,000 |
| 2021 | 267 participants | \$49,000 |
| 2022 | 220 participants | \$45,000 |

The Pingngupaa Challenge was marked by impressive growth and enthusiasm over the years, leading to a total fund-raising of \$160,000!



Virtual Celebration

| Cake Contest | Top 25 Most Generous Participants | Facebook Silent Auction |
|--|--|--|
| <p>All Nunavimmiut were invited to bake a cake and write "Pingngupaa" on it, and then to send a picture to the Pingngupaa Committee. All pictures were posted on the Isuarsivik Facebook page and followers were invited to vote from February 21 to 25, 2022. The three pictures with the most "likes" won a hand-crafted item, namely:</p> <ul style="list-style-type: none"> Lilly Maina Elaisa Annahatack Maria Fleming | <p>Amongst all 220 participants, 25 received a nice t-shirt in recognition of their generous contribution to the Pingngupaa fundraising initiative. All these generous participants raised between \$240 and \$2,060 individually!</p> | <p>From February 14, 2022, at 8:30 a.m. to Monday, February 21, 2022, at 5:00 p.m., 4 high value prizes were auctioned on Isuarsivik's Facebook Page. A total of \$2,400 were raised for the Pingngupaa Challenge!</p> <ol style="list-style-type: none"> 1. The Helicopter Tour from NUNAVIK ROTORS—Winner Amelia Tukkiapik (\$725)—22 bids total 2. The Solar Kit from TARQUTI ENERGY—Winner George Kauki (\$700)—11 bids total 3. The Parka and pualuk from WINIFRED DESIGNS—Winner Attasie Saunders (\$800)—31 bids total 4. The Carving from ILAGIISAQ—Winner Izabelle Martineau (\$175)—6 bids total |

2022 Survey Results

(Amongst 15 participants)

- 100% of respondents know that Isuarsivik organizes Pingngupaa.
- Respondents say their participation made them feel proud, happy, motivated, and inspired.
- 33.33% of respondents resume drinking after the Challenge but say they can better reflect on their lifestyles and know their limits and 26.67% say they drink less than before.
- 60% of respondents would be interested in participating in a virtual workshop or a prerecording video with information on addictions and sobriety.
- 93.33% of respondents are thinking of joining the 2023 Pingngupaa Challenge.

Pingngupaa is Now Online For Good!

In 2022, the Pingngupaa Challenge was supported by SimplyK, a free fundraising platform, to help participants collect donations more easily. There were no more donation slips because all donations were collected online. Amongst all participants who registered through the Isuarsivik website, 73% of them created their individual fundraising page and fundraised directly online.

Health and Social Services Award of Excellence 2020

In December 2021, the Isuarsivik Regional Recovery Centre received the Health and Social Services Award of Excellence 2020, Ministers' Choice Distinction, and Community Organizations Network. Each year, the Ministry of Health and Social Services of Quebec (MHSSQ) highlights the empowerment and exceptional collaboration in the health network and community sector by awarding an Award of Excellence. The most prestigious award is the Ministers' Choice Distinction, Community Organizations Network, awarded to Isuarsivik this year.

This first-time accomplishment for a Nunavik organization was celebrated during an intimate ceremony held on December 10 in compliance with health regulations. The Nunavik Regional Board of Health and Social Services (NRBHSS) was mandated to award Isuarsivik on behalf of the MSSS.



Watch the video online

<https://www.youtube.com/watch?v=c3GQbE2DK8g>





2021 Arctic Inspiration Prize



PRIX INSPIRATION ARCTIQUE

In March 2022, the project *Ilagiitigut anngiangijaqatigiinnirq ilurqusivuttigut*, or “Family at the Heart of the Healing Process” in Inuktitut, received the 2021 Arctic Inspiration Prize (AIP) in the \$1 Million category. The project, in its 3rd year of nomination in the \$1 Million category, finally charmed the selection committee.

Led by co-leaders Sarah May and George Kauki, and with the contribution of team members Mary Aitchison, Robert Fréchette, Wanda Gabriel, Elena Labranche, Samuel Lagacé and Siasi Mark, the project proposes to address substance abuse by focusing on the reclaiming of Inuit identity and culture and the connection with the land. Its activities will give families a space to heal together. Inuit values and traditional practices will be at the heart of the project, which will be offered to families in the new Isuarsivik Centre set to open in 2023.

A new offer of Isuarsivik Regional Recovery Centre, the *Ilagiitigut anngiangijaqatigiinnirq ilurqusivuttigut* project was created after years of consulting with Nunavimmiut to better understand their needs and concerns on how they want to take control of their physical and mental health and well-being.

Supported by the entire Nunavik region, the *Ilagiitigut anngiangijaqatigiinnirq ilurqusivuttigut* project was officially nominated by Christine Barnard, director of ArcticNet with the help of ambassadors and organizations from various backgrounds.

- Denis Lamothe, Government of Quebec
- Pita Aatami, Makivik Corporation
- Jennifer Munick, Kativik Regional Government
- Minnie Grey, Nunavik Regional Board of Health and Social Services
- Larry Watt, Ungava Tulattavik Health Centre
- Rosena Emak, Qarjuut Youth Council
- Minnie Molly Snowball, Qarmaapik
- Aileen MacKinnon, Saqijuq
- Sammy Koneak, Former Mayor of Kuujuaq

Ilagiitigut anngiangijaqatigiinnirq ilurqusivuttigut is the 5th Nunavik project to receive an Arctic Inspiration Prize, and the first-ever to receive the \$1 Million grand prize.



Watch the video online

VIDEO <https://www.youtube.com/watch?v=mfX8TQrB8pQ>



Press Review

News Articles

Nunavik addictions treatment project wins \$1M Arctic Inspiration Prize

Ilagitigut anngiangpaqatiginniq ilurquvivutitigut will aim to heal through Inuit values



George Kaulik (left) and Sarah May are the co-leaders of the Ilagitigut anngiangpaqatiginniq ilurquvivutitigut project in Nunavik that aims to treat addiction through Inuit values and culture. (Photo courtesy of Marie-Hélène Caron)

Nunatsiaq News

(EN) <https://nunatsiaq.com/stories/article/nunavik-addictions-treatment-project-wins-1m-arctic-inspiration-prize/>

'The land's my counselor': \$1M Arctic Inspiration Prize to help fund land-based healing in Nunavik

Unleash the Power

Mar 16, 2022

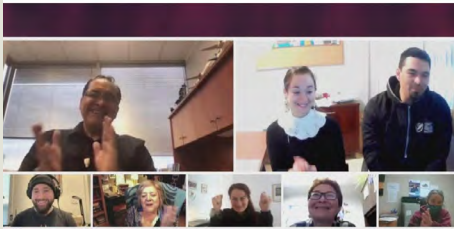
Nunavik Regional Recovery Centre to host families in 2022.



APTN News

(EN) <https://www.aptnnews.ca/featured/the-lands-my-counselor-1m-arctic-inspiration-prize-to-help-fund-land-based-healing-in-nunavik/>

Un projet de traitement des dépendances au Nunavik gagne le Prix Inspiration Arctique



Project in Nunavik, Canada recipient of \$1-million Arctic Inspiration Prize

A Eye on the Arctic

Posted Monday, March 7, 2022 at 16:00

10 Comments



Sarah May and George Kaulik, the team co-leaders of the project that took home the \$1-million Arctic Inspiration Prize on Friday. (Nunavik Regional Recovery Centre)

Radio-Canada

(FR) <https://ici.radio-canada.ca/nouvelle/1866682/nunavik-prix-inspiration-arctique-prix-isuarsivik>

Radio-Canada International

(EN) <https://www.rcinet.ca/eye-on-the-arctic/2022/03/07/project-in-nunavik-canada-recipient-of-1-million-arctic-inspiration-prize/>

Prix Inspiration Arctique : Un projet ambitieux de lutte contre la toxicomanie au Nunavik remporte le grand prix

10 mars 2022 Nelly Guidici

0 Commentaire(s)



Un projet de lutte contre la toxicomanie mené par le Centre Isuarsivik de Kuujuaq au Nunavik a remporté 1 million \$ lors de la cérémonie des Prix Inspiration Arctique le 4 mars 2022. (Credit photo : Isuarsivik)

Arts and Culture FEB 24, 2022 - 8:24 AM EST Ivujivik carver 'proud' to be designer of giant qulliq

Mattiusi Iyalluk helping to create 'giant Inuit lamp,' to be featured in the new recovery centre in Kuujuaq

By Jeff Pelletier - Local Journalism Initiative Reporter

A carver from Ivujivik has designed what he believes will be one of the largest qulliqs ever made in Nunavik.

Mattiusi Iyalluk has created the blueprints and eventually will add the finishing touches to the Qullialuk, or "giant Inuit lamp."

When finished, it will greet guests inside the lobby of Kuujuaq's new Isuarsivik Regional Recovery Centre, which is set to open later this year. Isuarsivik provides addiction recovery programs to people from across Nunavik.



Mattiusi Iyalluk, posing here with another one of his carvings, is set to begin work on a large qulliq for the lobby of the new Isuarsivik Regional Recovery Centre building in Kuujuaq. (Photo courtesy of Isuarsivik)

Nunatsiaq News

(EN) <https://nunatsiaq.com/stories/article/ivujivik-carver-proud-to-be-designer-of-giant-qulliq/>

Radio Interviews

CBC

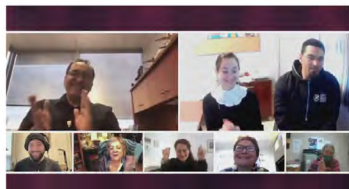
<https://www.cbc.ca/listen/live-radio/1-388-tutta-vik-inuktitut/clip/15899560-march-7-2022>

TV Interviews

<https://drive.google.com/file/d/1EYJjRRI0oc3fZ-gEK1rv9kPenXd2uNT5F/view>

Addiction treatment project in Nunavik wins Arctic Inspiration Prize

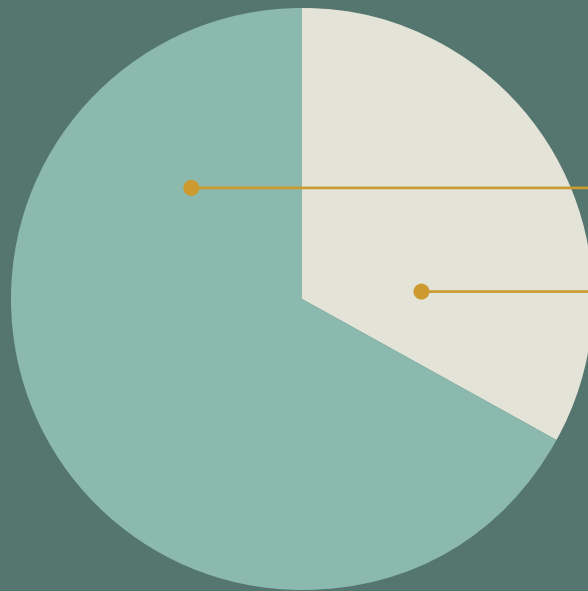
Health March 5, 2022 No Comments



World Today News

(EN) <https://www.world-today-news.com/addiction-treatment-project-in-nunavik-wins-arctic-inspiration-prize/>

Our Financial Review



Overview

Total revenue

\$5,805,246

Total expenses

\$3,920,603

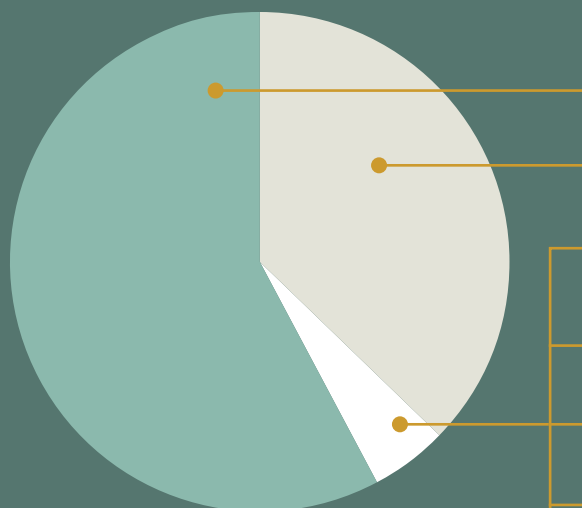
Surplus

\$1,884,644

Reserve for construction and transition to the new Centre

The Board of Directors planned the restricted use of the accumulated surplus of this year's budget to finalize certain aspects of the construction project and the acquisition of equipment that were not included in the construction budget or were not considered eligible expenses by the project partners. For instance, computers and other information technology hardware will be purchased for all employees, and a playground will be built for the children who will spend time at the Centre.

Revenues Sources



\$3,297,213 Nunavik Regional Board of Health and Social Services (Operations, CSC and training subsidy)

\$2,110,766 Makivik Corporation – Ungaluk program + Other contribution

\$50,488 Kativik Regional Government

\$17,000 Ministère de la Santé et des Services sociaux

\$90,000 JW McConnell Foundation – Virtual Aftercare Project

\$30,000 MakeWay – Virtual Care Project

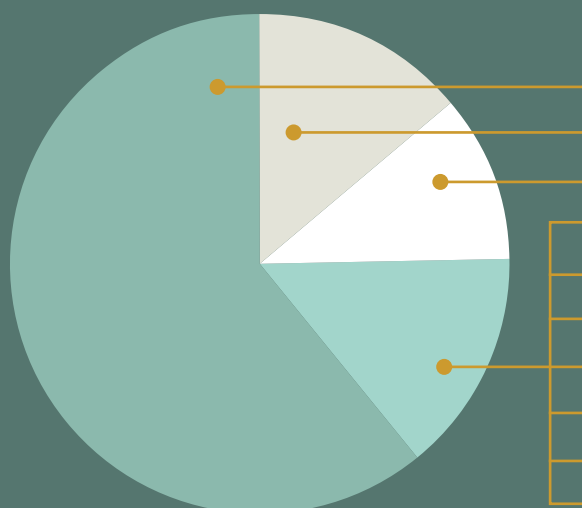
\$30,000 Community Foundation of Canada – program creation

\$15,738 Embassy of the United States – Virtual Care Project

\$10,000 Eenou Community Foundation – Virtual Aftercare Project

\$10,000 Avataq Cultural Institute – archaeological investigations

Expenses



\$2,272,265 Salaries and fringe benefits

\$520,250 Administration (Electricity, heating, insurance, etc.)

\$414,419 Professional fees

\$117,262 Travel Expenses & Accommodation

\$105,347 Telecommunication & Advertising

\$69,796 Food supplies

\$29,123 Board's Expenses

\$16,901 Transition Budget of the new Centre

\$70,614 Bank charges & Interest

\$129,258 Other

isuarsivik.ca

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