

REFERRAL PROCESS: Please read attentively

To the referral person: thank you for supporting this applicant

We appreciate your cooperation in expediting the referral and admission process. If we can be of assistance, please call us at **Isuarsivik Recovery Center** at **1-866-964-9994**, or correspond by e-mail to: clinicalsupervisor@isuarsivik.ca.

As the referral person, when would like highlight the following for you to consider:

1. Read the sections called *Admission criteria* and *Guidelines for applicants on parole or probation* to determine if the program is fitting for this applicant.
2. Fill out and return the forms in this package to Isuarsivik Recovery Center. It is preferable to send the application by email to clinicalsupervisor@isuarsivik.ca. However it is possible to send it by fax at 819-964-2041.
3. Ensure that the following forms are submitted as part of the application package. Use this list as a checklist:

- Read and understand referral process
- Completion of PARTS I, II, III, IV, V, VI
- Signed consent form
- Review and signature of guidelines (How things work at Isuarsivik)
- Pre-admission Medical Evaluation
- Copy of court orders or DYP measures if applicable during program cycle
- Psycho-social information, family and social background, and current behaviors for applicants referred from the legal or penal system
- Copy of health care and status card

4. Upon receipt of all the forms, the referring person and/or client will be notified of a **pre-admission telephone interview date**.

Note: No admission date will be considered until the WHOLE application process has been completed.

Referral: Please read this with applicant, as this will help the applicant better understand the program

Welcome to the Isuarsivik Recovery Center. Together we can make a difference through shared commitment to deliver a high quality of service to clients who are seeking help for their recovery from trauma and substance abuse.

Overview of the Program

The Isuarsivik Recovery Center is located in Kuujjuaq and offers a 42-day on-site recovery program for trauma and substance abuse. A Board of Directors consisting of seven members from various community services governs the Centre. The program commenced in February 1995.

VISION

Isuarsivik is a rich resource that promotes Inuit pride, self-empowerment, spirituality and healing through loving, healthy, protective lifestyles in safe, addiction free communities.

Mission Statement

To provide a culturally based wellness program, as a means for Inuit to achieve a healthy, addiction free lifestyle.

Philosophy

The foundation of our program is based on using traditional values in partnership with modern accepted treatment models reflecting mental, physical, spiritual and emotional well-being.

Recovery Program Specifics

The program consists of:

- Individual and group trauma and substance abuse counselling sessions.
- Individualized care plans based on client goals.
- Education on trauma and substance abuse, and the related behaviors.
 - Intergenerational trauma, physical, emotional, sexual abuse, etc.
- Healing from unresolved trauma and grief.
 - Loss by accidental death, suicide, etc.
- Spiritual and cultural awareness.
- Land-based and community activities.

Program Resources

- Elder guided activities

- Presentations by community partners
- In-house Alcoholics Anonymous / Inuit Steps Meetings
- Self-help support groups

Application and Referral Process

- The complete application (including the consent and pre-admission medical exam and TB test or chest x-ray) must be submitted and received prior to review of application.
- Isuarsivik reviews all documents.
- A short pre-admission phone call between the counsellor and the applicant is scheduled.
- A letter confirming the acceptance or non-acceptance to the program is sent directly to the referring agent.
- The applicant or the referring agent, must arrange travel, spending monies, etc. prior to admission.

Admission Criteria

1. Beneficiaries of the James Bay and Northern Quebec Agreement and their spouses over 18 years of age who can benefit from a therapy based on Inuit culture are invited to complete an application. There is no cost for to beneficiaries of the JBNQA
2. Clients MUST abstain from ALCOHOL and/or MIND ALTERING DRUGS for a minimum of 72 hours prior to entering treatment. Longer is better.
3. Clients must be mentally and physically able to participate in a recovery program experience.
4. Clients must recognize that alcohol/drug abuse or addictive behaviors is/are a problem in their lives.
5. Clients must express a need and desire to change, by exploring the role of trauma in their present life-style.
6. Clients must have no outside interference during the six week treatment program such as court appearances, doctors, dentist or other medical appointments, child care concerns etc.

Guidelines for applicants on parole or probation

- The applicant is expected to cooperatively participate and follow the guidelines and the program with the understanding that the center is under no obligation to keep a client who does not participate.
- Isuarsivik Recovery Center is not under any obligation to accept a person who has been legally ordered to attend the program. Therefore, unless there are specific conditions mentioning that the client must stay the complete 42 days, Isuarsivik is not responsible for informing the probation officers.
- If there are specific attendance orders upon acceptance to the Isuarsivik program, the probation officer will be informed if the client is asked to leave the center, or leaves voluntarily before program completion. Documents provided in

the application package must be provided indicating the conditions applicable during the entire program cycle.

- The parole or probation officer must confirm agreement that the applicant will be required to go to communities activities, shopping, day passes, etc. during the program.
- Information the psycho-social, family, social background as well as current applicant behavior must be provided with the application package.